

## CURRICULUM VITAE

**Kimberly E. Rockwell-Evans, Ph.D.**  
**375 Municipal Drive, Suite 230**  
**Richardson, Texas 75080**  
**(214)-368-6999**  
[drevans@ocdanxietydallas.com](mailto:drevans@ocdanxietydallas.com)

### EDUCATION

M.S. Applied Cognition and Neuroscience, 2005, University of Texas at Dallas  
Ph.D. Sociology and Social Work, 1991, University of North Texas  
Major: family life cycle, mental health/illness  
Minor: Clinical Sociology  
Dissertation: Parental and Children's Experiences and Adjustment in Maternal versus Joint Custody Families  
M.Ed. Counseling, 1984, University of North Texas  
M.M. Applied Music (flute performance), 1979, West Texas State University  
B.A. Music Education, 1977, University of Texas at the Permian Basin

### CREDENTIALS

Licensed Professional Counselor #08758, Texas – 1986-  
Licensed Marriage and Family Therapist, Texas, #003021-003102 – 1993-

### EMPLOYMENT HISTORY

**OCD and Anxiety Specialists of Dallas** **2015-**  
Provide mental health services to patients with obsessive-compulsive and related disorders, and anxiety disorders using cognitive behavioral therapy. Specific cognitive behavioral therapy interventions include exposure and response prevention (ERP), acceptance and commitment therapy (ACT), compassion focused therapy (CFT), habit reversal training (HRT), and comprehensive behavioral interventions for tics (CBIT).

**Private Practice, Dallas and Richardson, Texas** **1990 –**  
Provide mental health services to patients with anxiety disorders, obsessive-compulsive spectrum disorders, and neurological disorders using a cognitive behavioral therapy approach.

**Advanced Behavioral Healthcare Systems, Inc., Dallas, Texas** **1996 – 2001**

Conducted mental health counseling services, and acute care services in a primarily managed care driven group practice setting. Evaluated high risk patients and provided crisis intervention and urgent care services.

- Developed educational materials and conducted groups for patients with panic disorder, social phobia and affective disorders.
- Provided psychotherapy using a cognitive behavioral approach, EMDR, or hypnosis for patients with anxiety, affective, impulse or eating disorders.
- Analyzed trends and prepared graphs for an acute care services program.
- Conducted group therapy sessions for adolescents and adults with complex problems and personality disorders.

**Dallas/Fort Worth Medical Center, Grand Prairie, Texas** **1994 – 1996**  
**Employee Assistance Program Manager**

Managed broad-brush internal and external employee assistance programs which provided management consultation, training, team building, short term counseling, and substance abuse in the workplace programs, critical incident stress debriefing, and facilitating back to work contracts for employees who were on medical leave because of drug addiction.

- Conducted a market survey and outcomes research for the hospital.
- Created a newsletter and materials to help employees and their dependents enhance overall health.
- Developed educational seminars, and trained employees and their dependents on a variety of topics.

**Mountain View Community College, Dallas, Texas** **1994**  
**Instructor**

Taught college students an introductory survey course in psychology.

**St. Joseph Youth Center, Dallas, Texas** **1993 - 1994**  
**Director of Clinical Services**

Supervised clinical programs and clinical staff of an adolescent residential treatment center. Oversaw specialized programs for sex offenders and homeless girls.

- Developed a sex offender program for girls.
- Provided staff development and teambuilding.
- Provided administrative support to the executive director consisting of developing procedures, budget, and grant writing.

**Baylor University Medical Center** **1990 - 1992**  
**Program Therapist**

Provided individual, family, and group therapy for inpatients with eating disorders and dual diagnoses.

- Conducted, and expanded the aftercare program for individuals with eating disorders.
- Presented and developed workshop materials to educate professionals, patients, and the community on eating disorders.

**Rader Eating Disorder Institute, Grand Prairie, Texas** **1989 - 1990**  
**Lead Counselor**

Managed the clinical activities on an eating disorder unit. Provided services for individuals with eating disorders.

- Led clinical case staffing conference weekly and supervision with a multidisciplinary team.
- Conducted individual, and group therapy.
- Developed educational materials and presentations to educate patients on eating disorders and associated problems.

**Family Guidance Center, Dallas, Texas** **1984 - 1989**  
**Family Counselor**

Provided counseling services for individuals, couples, and families with a diversified case load. Diversified caseload consisted of clients who had the following challenges: substance abuse, family violence, incest, parenting problems, anxiety disorders, affective disorders, and personality disorders. Some clients were on probation and court ordered to counseling.

- Developed and provided education workshops for clients who are in stepfamilies, and dealing with single parenting issues.
- Provided courtroom testimony and wrote reports for the family court system.
- Conducted brief counseling for EAP clients from a variety of corporations.

**Plano Independent School District** **1981 - 1984**

Elementary, special education music specialist

**Midland Odessa Symphony Orchestra** **1980 - 1981**

Flute/piccolo player

**Ector County Independent School District** **1978 - 1981**

Elementary school music teacher

**Midland Odessa Symphony Orchestra** **1976 - 1977**

Flute/piccolo player

**Amarillo Symphony Orchestra** **1977 - 1978**

Flute/piccolo player

**Deaf Smith County Independent School District** **1977 - 1978**

Elementary school music teacher

**Private flute instructor** **1975 - 1985**

Taught private flute lessons to youth through adults

## **RESEARCH EXPERIENCE**

**University of Texas Southwestern Medical Center, Dallas, Texas** **2005 -**

Project: Ictal SPECT in patients with intractable epilepsy  
Mentor: Michael Devous Sr., Ph.D.

Description: The purpose of this research is to explore variables that may increase the accuracy of presurgical evaluation of patients with intractable seizures. The research questions for this study are:

1. What is the impact of timing of the injection during ictus to localization?
2. Do multiple ictal SPECT scans provide a more accurate assessment of localization and lateralization?
3. What is the effectiveness of ictal SPECT compared to other methods to assess localization?

**Advanced Behavioral Healthcare Systems, Inc., Dallas, Texas** **1996 - 2001**

- Analyzed trends and outcomes of crisis intervention services.
- Prepared statistical reports describing utilization and disposition of an acute care service program.

**Dallas/Fort Worth Medical Center, Grand Prairie, Texas** **1994 – 1996**

- Conducted a market survey and outcomes research for the hospital.
- Trained and supervised research assistants conducting interviews with patients.

**University of North Texas** **1986 – 1991**

Participated in research as part of the graduate school curriculum.

- Conducted a cross-sectional study on effects of addiction on family members using non-parametric statistics.
- Performed statistical analysis on large data sets related to health, and drug/alcohol use among youth.
- Submitted a grant proposal for dissertation research to National Science Foundation and received a meritorious score (no funding was provided because of budget constraints).
- Conducted a cross-sectional, multi-method study on divorced families with joint custody. Mentor: Rudy Seward, Ph.D.

## PRESENTATIONS

**Rockwell-Evans, K.**, Martinez, M., Peterson, N., Paulsen, R., Rudd, J. (2023, July). Yucky, Ooey, Gross and Gooley: The Role of Disgust in OCD. International OCD Foundation Annual Conference. San Francisco, California.

Rudd, J., Paulsen, R., **Rockwell-Evans, K.** (2023, July). Uninvited Guest- Navigating Committed Relationships When OCD is in the Picture. International OCD Foundation Annual Conference. San Francisco, California.

Witkins, M., **Rockwell-Evans, K.**, Heady, M., Morrow, K. (2021, March). A Peek Behind the Closed Door: The Art and Nuance of ERP for OCD. Dealing with Treatments Failures. Anxiety and Depression Association of America Annual Conference. Online.

Ackerman, R., Goodman, E., **Rockwell-Evans, K.**, LoPilato, E., Yadin, E. (2021, March). Challenging Cases in the Real World of Psychotherapy. Emotional Contamination in a Pregnant Woman. Anxiety and Depression Association of America Annual Conference. Online.

**Rockwell-Evans, K.**, & Heady, M. (2020, August). OCD, Relationships, and Sex. International OCD Foundation Annual Conference. Online.

**Rockwell-Evans, K.** (2020, January). Germs, Vomit, and Bodily Fluids: Are We Having Fun Yet? International OCD Foundation Education Vacation. Puerto Rico.

Ackerman, R., Goodman, E., **Rockwell-Evans, K.**, Morrow, K. (2019, March). Anxiety and Depression Rounds. A Phobia of Vomiting Turns Dangerous in an 8-Year-Old Girl: Treating Severe Pediatric Emetophobia and OCD. Anxiety Depression Association of America. Chicago, Illinois.

Hughes, J., **Rockwell-Evans, K.**, McMahon, P. (2018, February). Short Film Screening of “UNSTUCK: An OCD kids Movie” and ask the Experts. Adolescent Symposium. Plano, Texas.

McCurry, C., Coyne, L., McHolland, N., **Rockwell-Evans, K.**, Nagle, N. (2017, April). Acceptance and Commitment Therapy with Children, Teens, and Parents. On the Cutting Edge of Wellness. Anxiety and Depression Association of America Annual Conference. San Francisco, California.

Coyne, L., Szymanski, J., **Rockwell-Evans, K.** (2017, April). Acceptance and Commitment Therapy Treatment Refractory Clients. On the Cutting Edge of Wellness. Anxiety and Depression Association of America Annual Conference. San Francisco, California.

**Rockwell-Evans, K.** (2015, November). Resilience: Bouncing back from Life’s Challenges. Houston Epilepsy Conference. Houston, Texas.

**Rockwell-Evans, K.** (2015, October). Understanding and Treating Unwanted Mental Intrusions. OCD Texas. Dallas, Texas.

**Rockwell-Evans, K.** (2015, September). Resilience: Bouncing back from Life's Challenges. Dallas-Fort Worth Epilepsy Conference. Dallas, Texas.

**Rockwell-Evans, K.** (2014, October). Updates on Research and Treatment for OCD. The Many Faces of OCD. Community Outreach Event. Dallas, Texas.

**Rockwell-Evans, K.** (2014, March). Integrating Acceptance and Commitment Therapy with Exposure to Enhance the Treatment of Obsessive-Compulsive Disorder. Anxiety and Depression: Personalized Treatment for Anxiety and Mood Disorders. Anxiety and Depression Association of America. Chicago, Illinois.

**Rockwell-Evans, K.** (2013, October). Handling Your OCD: Attack of the Brain Monster: Handling Your OCD. Community Outreach Event, Richland College. Dallas, Texas.

**Rockwell-Evans, K.,** Goodman, E. (2011, March). Clinical Presentation: Finding Freedom in Imperfection: Understanding the Role and Treatment of perfectionism in Anxiety Disorders. 31<sup>st</sup> Annual Conference. Anxiety and Related Disorders: Efficacy, Effectiveness, and Dissemination. Anxiety Disorders Association of America. New Orleans, Louisiana.

Goodman, E., **Rockwell-Evans, K.,** Winston, S., Hale, L., Siqueland, L. (2011, March). Clinical Roundtable: ERP Practice Challenges: Discussion with Clinicians. Anxiety and Related Disorders: Efficacy, Effectiveness, and Dissemination 31<sup>st</sup> Annual Conference. Anxiety Disorders Association of America. New Orleans, Louisiana.

**Rockwell-Evans, K.** (2011, April). Treatment of Obsessive-Compulsive Disorder. SMU's Annette Caldwell Simmons School of Education and Human Development. Dallas, Texas.

**Rockwell-Evans, K.** (2010, March). Dilemmas in the Treatment of Patients with Anorexia Nervosa and Comorbid Obsessive-Compulsive Disorder. Anxiety Across the Lifespan; Practical Integration of Basic Clinical Approaches. Anxiety Disorders Association of America. Baltimore, Maryland.

**Rockwell-Evans, K.** (2009, October). Treatment of Obsessive-Compulsive Disorder. SMU's Annette Caldwell Simmons School of Education and Human Development. Dallas, Texas.

**Rockwell-Evans, K.** (2009, September). Eating Disorders and OCD. Jessica Setnick's Advanced Boot Camp. Aurora, Texas.

**Rockwell-Evans, K.** (2006, July). Epilepsy and Family Dynamics. The Epilepsy Foundation of Greater North America. North Dallas Epilepsy Support Group. Dallas, Texas.

**Rockwell-Evans, K.** (2005, June). Memory, Executive Skills, and Epilepsy. North Dallas Support Group. Dallas, Texas.

**Rockwell-Evans, K.** (2005, June). Neuropsych Overview Changes Related to Surgeries and Adult ADD. The Epilepsy Foundation of Greater North America and Medical City Hospital. North Dallas Epilepsy Support Group. Dallas, Texas.

**Rockwell-Evans, K.** (2003, April). Mood Disorders and Epilepsy, presenter and panel discussion moderator. Panelists- Ramon Diaz-Arrastia, M.D., Foundation of Greater Ph.D., Laurie Kleiman, M.D., Kathleen North Texas, Dallas, Seine, Ph.D., Ronald Paulman, Ph.D. Epilepsy Family Conference, Epilepsy Foundation of Greater North Texas. Dallas, Texas.

**Rockwell-Evans, K.** (2003, April). Seizures and Memory, presenter and panel discussion moderator, Ronald Paulman, Conference, Epilepsy Ph.D., Panelists- Laura Lacritz, Ph.D., Peter Stavinoha, Ph.D., Robert F. Leroy, M.D., Kim Rockwell-Evans, Ph.D. Epilepsy Family Conference, Epilepsy Foundation of Greater North Texas. Dallas, Texas.

**Rockwell-Evans, K.** (2002, April). Mood Disorders and Epilepsy. North Dallas Epilepsy Support Group. Dallas, Texas.

**Rockwell-Evans, K.** (2001, June). Psychiatric Aspects of Epilepsy. Magellan Behavioral Healthcare. Dallas, Texas.

**Rockwell-Evans, K.** (2001, April). Obsessive-Compulsive Disorder. Magellan Behavioral Healthcare. Dallas, Texas.

**Rockwell-Evans, K.** (2000, June). Risk Assessment: The Suicidal Patient. Magellan Behavioral Healthcare. Dallas, Texas.

**Rockwell-Evans, K.** (2000, April). Risk Assessment: Dangerousness to Self and Others. Magellan Behavioral Healthcare. Dallas, Texas.

**Rockwell-Evans, K.** (1998, November). Managing Stress and Creating Healthy Options for the Diabetic. 13<sup>th</sup> Annual Diabetes Seminar. Dallas/Fort Worth Medical Center. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1998, June). Ethics. Steve Reed Continuing Education Seminars. Dallas, Texas.

- Rockwell-Evans, K.** (1998, February). Eye Movement Desensitization and Reprocessing, Co-Presented with Steve Reed, MS. North Texas Society of Clinical Hypnosis Annual Workshop. Dallas, Texas.
- Rockwell-Evans, K.** (1997, November). Ethical Principles, Professional Conduct and Certification. North Texas Society of Clinical Hypnosis Annual Workshop. Dallas, Texas.
- Rockwell-Evans, K.** (1997, April). Ethical Issues: Family Professionals and the Divorcing Family. Texas Council on Family Relations Annual Conference. Dallas, Texas.
- Rockwell-Evans, K.** (1996, November). Issues on Workplace Substance Use (Panel Discussion Coordinated by Joel Bennett, PhD). Texas Psychological Association. Dallas, Texas.
- Rockwell-Evans, K.** (1996, September). American Society of Clinical Hypnosis Workshop, Small Group Supervisor/ Facilitator. American Society of Clinical Hypnosis-Beginning and Intermediate Participants. Dallas, Texas.
- Rockwell-Evans, K.** (1996, May). Joint Custody Retrospective- Co-Presented with Barbara Evans JD. Keynote Address to American Family and Conciliation Courts Annual Conference. San Antonio, Texas.
- Rockwell-Evans, K.** (1996, April). Innovative Treatment Techniques for Trauma-Co-Presented with Cynthia Hutchins, MA. Dallas Association for Eating Disorders Professionals. Dallas, Texas.
- Rockwell-Evans, K.** (1996, March). Dealing with Difficult People. Dallas/Fort Worth Medical Center. Grand Prairie, Texas.
- Rockwell-Evans, K.** (1995, November). Ethical Considerations in the Use of Hypnosis, Panel Discussion with Philip Becker, MD; Doug Bellamy, PhD; Francine Daner, PhD; Kim Rockwell-Evans, PhD. North Texas Society of Clinical Hypnosis Annual Workshop. Dallas, Texas.
- Rockwell-Evans, K.** (1995, June). Team Building. City of Grand Prairie, Texas. Grand Prairie, Texas.
- Rockwell-Evans, K.** (1995, June). Eating Disorders and Dissociative Symptoms. North Texas Dissociative Disorders Study Group. Fort Worth, Texas.
- Rockwell-Evans, K.** (1995, June-July). Development of a Substance Abuse Module Focus Group Co-Facilitated with Joel Bennett, PhD (Four 2.5 Hour Sessions). City of Grand Prairie, Texas. Grand Prairie, Texas.



**Rockwell-Evans, K.** (1995, May). Behavioral Modification and Healthy Attitude Related to Eating and Exercise. Diabetes Support Group. Dallas/Fort Worth Medical Center. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1995, March). Behavioral Modification and Healthy Attitude Related to Eating and Exercise. Dallas/Fort Worth Medical Center. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1995, February). New Findings on Joint Custody. Third Annual Conference on Parent Education. University of North Texas. Denton, Texas.

**Rockwell-Evans, K.** (1995, January). New Findings on Joint Custody. Texas Association for Marriage and Family Therapy Annual Conference. Dallas, Texas

**Rockwell-Evans, K.** (1995, January). Stress Management. Office Managers Association. Grand Prairie, Texas

**Rockwell-Evans, K.** (1994, November). New Findings on Joint Custody. Texas Counseling Association Annual Conference. Houston, Texas.

**Rockwell-Evans, K.** (1994, November). The False Memory Debate. Texas Counseling Association Annual Conference. Houston, Texas.

**Rockwell-Evans, K.** (1994, November). Stress Management. City of Grand Prairie. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1994, August-September). Stress Management. D & S Plastics Company. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1994, June). Team Building. Dallas/ Fort Worth Medical Center. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1994, June.) Substance Abuse Prevention Training. D & S Plastics Company. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1994, May). Stress Reduction. Diabetes Support Group. Dallas/Fort Worth Medical Center. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1994, April). Behavioral Modification of Eating Behavior. Dallas/ Fort Worth Medical Center. Grand Prairie, Texas.

**Rockwell-Evans, K.** (1994, March). New Findings on Joint Custody. Southwestern Social Science Association. San Antonio, Texas.

**Rockwell-Evans, K.** (1993, April). Team Building. St. Joseph Youth Center. Dallas, Texas.

**Rockwell-Evans, K.** (1993, March). Affective Management of Adolescents. St. Joseph Youth Center. Dallas, Texas.

**Rockwell-Evans, K.** (1993, March). Treatment of Eating Disorders (four 2 hour sessions). Pastoral Counseling and Education Center. Dallas, Texas.

**Rockwell-Evans, K.** (1992, September). Joint Custody. Family Court Services. Dallas, Texas.

**Rockwell-Evans, K.** (1992, August). Treatment of a Bulimic Female Using Creative Arts Techniques. International Association for Eating Disorder Professionals Annual Conference. Long beach, California.

**Rockwell-Evans, K.** (1992, April). Joint Custody of Children After Parents Divorce. Texas Council on Family Relations. San Antonio, Texas.

**Rockwell-Evans, K.** (1991, October). Use of Creative Arts Techniques with a Bulimic Female. Dallas Association for Eating Disorder Professionals. Dallas, Texas.

**Rockwell-Evans, K.** (1991, September). Treatment of Resistant Patients with Eating Disorders-Panel Discussion; Lyn Medical Center Eating Markle, MD; Robert Thompson, MD; Kim Rockwell-Evans, PhD. Baylor University Medical Center Eating Disorder Workshop. Dallas, Texas.

**Rockwell-Evans, K., & Schattle, C.** (1991, June). Use of Food and Body Rituals by Eating Disorder Patients. Baylor University Medical Center Psychiatric Staff. Dallas, Texas.

**Rockwell-Evans, K.** (1991, March). Medical and Oral Manifestations of Eating Disorders. Baylor Dental College. Dallas, Texas.

**Rockwell-Evans, K.** (1991, February). Overview of Eating Disorders. Baylor University Medical Center. Dallas, Texas.

**Rockwell-Evans, K.** (1991, January). Treatment of Eating Disorders. Family Guidance Center. Dallas, Texas.

**Rockwell-Evans, K.** (1990, November). Psychological Aspects of Eating Disorders. Baylor University Medical Center. Dallas, Texas.

**Rockwell-Evans, K.** (1989, October). Divorce Recovery Facilitator Training (six 1 hour training sessions). Highland Park Presbyterian Church. Dallas, Texas.

**Rockwell-Evans, K.** (1989, April). Single Parenting (six 1 hour training sessions). Highland Park Presbyterian Church. Dallas, Texas.

**Rockwell-Evans, K.** (1989, April). Strengthening the Stepfamily. Family Guidance Center. Dallas, Texas.

**Rockwell-Evans, K.** (1989, April). Helping Our Single Parent Families. NSL Conference. Dallas, Texas.

**Rockwell-Evans, K.** (1988, November). Helping Preteens Cope with Divorce. Highland Park Presbyterian Church. Dallas, Texas.

**Rockwell-Evans, K.** (1988, September). Children of Divorce and Communication After Divorce. Highland Park Presbyterian Church. Dallas, Texas.

**Rockwell-Evans, K.** (1986, August). Families of Divorce. Family Guidance Center. Dallas, Texas.

**Rockwell-Evans, K.** (1986, April). Eating Disorders: A Case Presentation of an Anorexic. Family Guidance Center. Dallas, Texas.

**Rockwell-Evans, K.** (1986, March). A Case Presentation of a Patient with Bipolar Disorder-with Dwight Holden, MD. Family Guidance Center. Dallas, Texas.

**Rockwell-Evans, K.** (1985, June). Women Who Were Sexually Abused as Children: Two Case Presentations - with Dwight Holden, MD. Family Guidance Center. Dallas, Texas.

## **PROFESSIONAL MEMBERSHIPS**

Anxiety and Depression Association of America  
International OCD Foundation  
Association for Contextual Behavioral Science  
Association for Behavioral and Cognitive Therapies  
American Association for Marriage and Family Therapy

## **HONORS AND RECOGNITIONS**

1988 Who's Who among Students in American Universities and Colleges  
1988 Honoree, Honors Day, April 29, 1988, North Texas State University  
1981 Performed lecture concert with composer, John Heiss of the New England Conservatory of Music  
1981 Recipient of a grant to study the Kodály Philosophy for teaching music  
1979 Flute Performer, master class with Julius Baker of the New York Philharmonic, Southern Methodist University  
1978 Outstanding Young Women of America

- 1978 Flute Performer, Master class with Walfrid Kujala of the Chicago Symphony Orchestra, Northwestern University
- 1975 Guest soloist with Odessa College Wind Ensemble
- 1974 Recipient of Friends of Fine Arts Scholarship, West Texas State University
- 1974 Outstanding Freshman Musician award (marching band), West Texas State University

## **PUBLICATIONS**

Rockwell-Evans, K. (2023). *Breaking the Rules of OCD: Find Lasting Freedom from the Unwanted Thoughts, Rituals, and Compulsions That Rule Your Life*. Oakland, CA: New Harbinger Publications.

McMahon, P., Rockwell-Evans, K.E., Chupka, T., Moore, R., McGuire, M. (2013). *Handling Your OCD: Attack of the Brain Monster*.

Rockwell-Evans, K.E. (1993). *Thoughts on joint custody*. TCRF Recorder. Spring.

Rockwell-Evans, K.E. (1991). *Parental and children's experiences and adjustment in maternal versus joint custody families*. (Doctoral Dissertation, University of North Texas, 1991). Dissertation Abstracts International.

Rockwell-Evans, K.E. & Hutchins, C. (1991). *Does food run your life? Food as an Addiction*.

## **COMMUNITY INVOLVEMENT**

### **Professional Activities**

- Professional Advisory Board Member, Epilepsy Foundation of Greater North Texas 2003-
- President, North Texas Society of Clinical Hypnosis, Dallas, Texas, 1997
- Vice President, North Texas Society of Clinical Hypnosis, Dallas, Texas, 1996
- Secretary, North Texas Employee Assistance Program Association, Dallas, Texas, 1996 –1997
- Treasure, North Texas Society of Clinical Hypnosis, Dallas, Texas, 1995

### **Volunteer Experiences**

- Epilepsy Foundation of Greater North Texas, Support group facilitator, Dallas, Texas, 2000-2005
- Anorexia Nervosa and Associated Disorders, Support group facilitator, Dallas, Texas, 2001-2003
- Children's First Counseling Center, Board Member, Grand Prairie, Texas, 1995
- Divorce Recovery and Re-entry Program, Committee member, Highland Park Presbyterian church, Dallas, Texas, 1988-1989

- Stepfamily Association of America, Professional advisor, and board member for North Texas Chapter, Dallas, Texas, 1988
- Suicide and Crisis Center, Served as crisis counselor, member speaker's bureau, leader for survivors of suicide groups, member of center of information committee, Dallas, Texas 1982-1984
- Tri Hi Y Sponsor, Supervised and monitored group activities of youth, Odessa, Texas, 1978-1979
- Kodály Educators of Texas, Board of Directors, Treasurer, 1981-1983
- Texas Music Educators Association, Region Chairperson, 1980-1981