

CURRICULUM VITAE

Kimberly E. Rockwell-Evans, Ph.D.
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EDUCATION

- M.S. Applied Cognition and Neuroscience, 2005, University of Texas at Dallas
Ph.D. Sociology and Social Work, 1991, University of North Texas
Major: family life cycle, mental health/illness
Minor: Clinical Sociology
Dissertation: Parental and Children's Experiences and Adjustment in Maternal versus Joint Custody Families
M.Ed. Counseling, 1984, University of North Texas
M.M. Applied Music (flute performance), 1979, West Texas State University
B.A. Music Education, 1977, University of Texas at the Permian Basin

CREDENTIALS

- Licensed Professional Counselor #08758, Texas – 1986-
Licensed Marriage and Family Therapist, Texas, #003021-003102 – 1993-
Certified Chemical Dependency Specialist #2012-0991, Texas – 1991 – 2003 (inactive)
Licensed Chemical Dependency Counselor #5336, Texas – 1992 – 2003 (inactive)
Certification in Clinical Hypnosis #0886, American Society of Clinical Hypnosis 1995-2004 (inactive)

EMPLOYMENT HISTORY

OCD and Anxiety Specialists of Dallas

2015-

Provide mental health services to patients with obsessive-compulsive and related disorders, and anxiety disorders using cognitive behavioral therapy. Specific cognitive behavioral therapy interventions include exposure and response prevention (ERP), acceptance and commitment therapy (ACT), habit reversal training (HRT), and comprehensive behavioral interventions for tics (CBIT).

Private Practice, Dallas and Richardson, Texas

1990 –

Provide mental health services to patients with anxiety disorders, obsessive-compulsive spectrum disorders, and neurological disorders using a cognitive behavioral therapy approach.

Advanced Behavioral Healthcare Systems, Inc., Dallas, Texas **1996 – 2001**

Conducted mental health counseling services, and acute care services in a primarily managed care driven group practice setting. Evaluated high risk patients and provided crisis intervention and urgent care services.

- Developed educational materials and conducted groups for patients with panic disorder, social phobia and affective disorders.
- Provided psychotherapy using a cognitive behavioral approach, EMDR, or hypnosis for patients with anxiety, affective, impulse or eating disorders.
- Analyzed trends and prepared graphs for an acute care services program.
- Conducted group therapy sessions for adolescents and adults with complex problems and personality disorders.

Dallas/Fort Worth Medical Center, Grand Prairie, Texas **1994 – 1996**

Employee Assistance Program Manager

Managed broad-brush internal and external employee assistance programs which provided management consultation, training, team building, short term counseling, and substance abuse in the workplace programs, critical incident stress debriefing, and facilitating back to work contracts for employees who were on medical leave because of drug addiction.

- Conducted a market survey and outcomes research for the hospital.
- Created a newsletter and materials to help employees and their dependents enhance overall health.
- Developed educational seminars, and trained employees and their dependents on a variety of topics.

Mountain View Community College, Dallas, Texas **1994**

Instructor

Taught college students an introductory survey course in psychology.

St. Joseph Youth Center, Dallas, Texas **1993 - 1994**

Director of Clinical Services

Supervised clinical programs and clinical staff of an adolescent residential treatment center. Oversaw specialized programs for sex offenders and homeless girls.

- Developed a sex offender program for girls.
- Provided staff development and teambuilding.
- Provided administrative support to the executive director consisting of developing procedures, budget, and grant writing.

Baylor University Medical Center **1990 - 1992**

Program Therapist

Provided individual, family, and group therapy for inpatients with eating disorders and dual diagnoses.

- Conducted, and expanded the aftercare program for individuals with eating disorders.
- Presented and developed workshop materials to educate professionals, patients, and the community on eating disorders.

Rader Eating Disorder Institute, Grand Prairie, Texas **1989 - 1990**

Lead Counselor

Managed the clinical activities on an eating disorder unit. Provided services for individuals with eating disorders.

- Led clinical case staffing conference weekly and supervision with a multidisciplinary team.
- Conducted individual, and group therapy.
- Developed educational materials and presentations to educate patients on eating disorders and associated problems.

Family Guidance Center, Dallas, Texas **1984 - 1989**

Family Counselor

Provided counseling services for individuals, couples, and families with a diversified case load. Diversified caseload consisted of clients who had the following challenges: substance abuse, family violence, incest, parenting problems, anxiety disorders, affective disorders, and personality disorders. Some clients were on probation and court ordered to counseling.

- Developed and provided education workshops for clients who are in stepfamilies, and dealing with single parenting issues.
- Provided courtroom testimony and wrote reports for the family court system.
- Conducted brief counseling for EAP clients from a variety of corporations.

Plano Independent School District **1981 - 1984**

Elementary, special education music specialist

Midland Odessa Symphony Orchestra **1980 - 1981**

Flute/piccolo player

Ector County Independent School District **1978 - 1981**

Elementary school music teacher

Midland Odessa Symphony Orchestra 1976 - 1977

Flute/piccolo player

Amarillo Symphony Orchestra 1977 - 1978

Flute/piccolo player

Deaf Smith County Independent School District 1977 - 1978

Elementary school music teacher

Private flute instructor 1975 - 1985

Taught private flute lessons to youth through adults

RESEARCH EXPERIENCE

University of Texas Southwestern Medical Center, Dallas, Texas 2005 -

Project: Ictal SPECT in patients with intractable epilepsy
Mentor: Michael Devous Sr., Ph.D.

Description: The purpose of this research is to explore variables that may increase the accuracy of presurgical evaluation of patients with intractable seizures. The research questions for this study are:

1. What is the impact of timing of the injection during ictus to localization?
2. Do multiple ictal SPECT scans provide a more accurate assessment of localization and lateralization?
3. What is the effectiveness of ictal SPECT compared to other methods to assess localization?

Advanced Behavioral Healthcare Systems, Inc., Dallas, Texas 1996 - 2001

- Analyzed trends and outcomes of crisis intervention services.
- Prepared statistical reports describing utilization and disposition of an acute care service program.

Dallas/Fort Worth Medical Center, Grand Prairie, Texas 1994 – 1996

- Conducted a market survey and outcomes research for the hospital.
- Trained and supervised research assistants conducting interviews with patients.

University of North Texas

1986 – 1991

Participated in research as part of the graduate school curriculum.

- Conducted a cross-sectional study on effects of addiction on family members using non-parametric statistics.
- Performed statistical analysis on large data sets related to health, and drug/alcohol use among youth.
- Submitted a grant proposal for dissertation research to National Science Foundation and received a meritorious score (no funding was provided because of budget constraints).
- Conducted a cross-sectional, multi-method study on divorced families with joint custody. Mentor: Rudy Seward, Ph.D.

PROFESSIONAL MEMBERSHIPS

Anxiety and Depression Association of America

International OCD Foundation

Association for Contextual Behavioral Science

Association for Behavioral and Cognitive Therapies

TLC Foundation for Body-Focused Repetitive Behavior

HONORS AND RECOGNITIONS

1988 Who's Who among Students in American Universities and Colleges

1988 Honoree, Honors Day, April 29, 1988, North Texas State University

1981 Performed lecture concert with composer, John Heiss of the New England Conservatory of Music

1981 Recipient of a grant to study the Kodály Philosophy for teaching music

1979 Flute Performer, master class with Julius Baker of the New York Philharmonic, Southern Methodist University

1978 Outstanding Young Women of America

1978 Flute Performer, Master class with Walfrid Kujala of the Chicago Symphony Orchestra, Northwestern University

1975 Guest soloist with Odessa College Wind Ensemble

1974 Recipient of Friends of Fine Arts Scholarship, West Texas State University

1974 Outstanding Freshman Musician award (marching band), West Texas State University

PUBLICATIONS

McMahon, P., Rockwell-Evans, K.E., Chupka, T., Moore, R., McGuire, M. (2013). Handling your OCD: Attack of the brain monster.

Rockwell-Evans, K.E. (1993). Thoughts on joint custody. TCRF Recorder. Spring.

Rockwell-Evans, K.E. (1991). Parental and children's experiences and adjustment in maternal versus joint custody families. (Doctoral Dissertation, University of North Texas, 1991). Dissertation Abstracts International.

Rockwell-Evans, K.E. & Hutchins, C. (1991). Does food run your life? Food as an Addiction.

COMMUNITY INVOLVEMENT

Professional Activities

- Professional Advisory Board Member, Epilepsy Foundation of Greater North Texas 2003-
- President, North Texas Society of Clinical Hypnosis, Dallas, Texas, 1997
- Vice President, North Texas Society of Clinical Hypnosis, Dallas, Texas, 1996
- Secretary, North Texas Employee Assistance Program Association, Dallas, Texas, 1996 –1997
- Treasure, North Texas Society of Clinical Hypnosis, Dallas, Texas, 1995

Volunteer Experiences

- Epilepsy Foundation of Greater North Texas, Support group facilitator, Dallas, Texas, 2000-2005
- Anorexia Nervosa and Associated Disorders, Support group facilitator, Dallas, Texas, 2001-2003
- Children's First Counseling Center, Board Member, Grand Prairie, Texas, 1995
- Divorce Recovery and Re-entry Program, Committee member, Highland Park Presbyterian church, Dallas, Texas, 1988-1989
- Stepfamily Association of America, Professional advisor, and board member for North Texas Chapter, Dallas, Texas, 1988
- Suicide and Crisis Center, Served as crisis counselor, member speaker's bureau, leader for survivors of suicide groups, member of center of information committee, Dallas, Texas 1982-1984
- Tri Hi Y Sponsor, Supervised and monitored group activities of youth, Odessa, Texas, 1978-1979
- Kodály Educators of Texas, Board of Directors, Treasurer, 1981-1983
- Texas Music Educators Association, Region Chairperson, 1980-1981

